

ARSENAL SOCCER SCHOOLS SEASON 2011.2012

Our soccer school has been running since 2003, starting in Wadi Degla Maadi and expanding our reach to New Cairo and 6th of October locations.

The programs give boys and girls the opportunity to learn to play soccer the Arsenal way.

Our philosophy is to take the time to develop and nurture the younger players to ensure that they reach their full potential. By building players through extensive training programs, Arsenal has produced many world-class players over the years; we hope we can do the same with Egyptian players as well.

Arsenal Soccer Schools place emphasis on improving children`s technical abilities, their understanding of the game and when necessary, increasing their self-confidence. No matter what the child`s abilities level are, it is our goal to see progress and improvement as each session develops.



Welcome to Arsenal Soccer Schools, wishing that you represent your country as an Arsenal first team player one day.

ARSENAL SOCCER SCHOOLS PROGRAMS

* Summer Period: Weekdays only

- Fun games for players
- Focus on playing mini and small sided games
- Skills competition
- Preparing the kids for the hard work that will start with Term 1

* Ramadan Competition

Will be a competitive tournament for members and will give prizes to the first and the second place teams

* Term 1:

- Pair passing
- Pass and move
- Skill of pass and receive
- control
- Pair`s control
- Color control
- Skill team boxes
- Target player game
- Turning
- Funny turns
- Turns in pairs
- 1v1 beat a cone
- Dribbling and fast feet
- Across the square
- Musical balls
- Gates game
- Stepping mines
- 1v1 disguise
- Term 1 will also include friendly games, home and away
- Term 1 will also include 3v3 competition and The Arsenal evaluation methods
- At the end of the term medals and certificates will be given to the kids



* **Cooling Down Period:**

- Will depend on cooling down the stress and the hard work from Term 1
- The cooling down period will use the fun games and the mini games
- Will prepare the kids for Term 2

* **Term 2:**

- Passing – Numbers Part 2, in fours
- Control – Touch and go, Control and move
- Dribbling – King of the ring, Bumper cars
- Running with the ball – Circle and pass, Quick break
- Shooting – The chaser, Cones in corners
- Turns – Turns in a square, Zig zags
- Volleying – Volley and move, Beat the captain
- Heading – Head and go, 2v2
- 5 x Skill attacking
- Feints and dribbling
- Across the Grid
- 2v1 target choice
- Beat a cone
- 1v1 beating a player and Gauntlet
- Shooting and finishing
- Shoot and set part 1
- Shoot and set part 2
- 5 x skill defending
- Support from deep
- Dribbling with danger
- Delay the attacker
- Pressuring the opponent and react to defend
- 2v2v2 continuous
- Term 2 will include friendly games, home and away
- Members will get certificates for finishing Term 2
- Medals and giveaways for accomplishing Term 1 and Term 2

